

COUN 6405 Practicum & COUN 6698 Internship **Clinical Mental Health Counseling (CMHC)** **Practicum-Internship Synopsis**

After completing the pre-requisite courses shown in their curriculum, students can apply to start their practicum-internship experience. This experience starts only in the fall semester and runs through the summer semester. Students are required to attend a mandatory practicum-internship orientation in the June prior to the fall semester that they will start practicum and internship. At that time detailed information will be presented to them about practicum and internship requirements. Below is a synopsis of the practicum and internship experience. It is not intended to be a full explanation of the practicum and internship experience or requirements, but a brief overview of required hours and expectations.

	COUN 6405 Applied Practice	COUN 6698 Internship-I	COUN 6698 Internship-II
When is this course taken?	Fall Semester	Spring Semester	Summer Semester
What are the clock hours I must accumulate at my site?	100 hours – 40 hours direct service with clients; 60 hours work- related activities.	450 hours - 175 hours direct service with clients; 275 hours work-related activities.	150 hours -65 hours direct service with clients; 85 hours work-related activities.
Direct Service Hours	40	175	65
Work-Related Hours	60	275	85
Total Hours Accumulated	100	450	150

Total CACREP on-site Hour Requirement: 100 Fall Practicum + 450 Spring Internship-I + 150 Spring Internship-II = 700

Faculty will assess your progress in the program prior to the start of your practicum/internship.

You cannot accrue practicum-internship hours until after CSU fall semester classes start. This restriction is due to the CSU calendar, insurance parameters, and the availability of CSU supervision. **If a student is not able to begin the practicum at the beginning of fall semester, the student will be asked to postpone practicum and internship until the next upcoming start date.** Students who are receiving financial aid will want to check before beginning practicum to make sure all requirements are met to continue to receive aid.

Students who attempt to work in a full time job at the time they do their practicum-internship experience will provide the Practicum-Internship Coordinator with a plan detailing how they will accrue their required hours while providing quality service to their practicum-internship clients.

Examples of direct-service and clinical hours are listed below. This list does not cover all situations. If you have a question that is not covered be sure to ask your CSU supervisor.

Direct Service

COUN 6405 (40 hours) COUN 6698 (240 Hours)

One-to-one counseling
Group counseling (as leader or co-leader)
*Psycho-educational leader/instructor
Couples counseling
Family counseling
Crisis counseling by telephone or live
*Psychosocial evaluations
*Intake interviews
**Clinical Shadowing
Consultation in the presence of the client

Clinical Hours

COUN 6405 (60 hours) COUN 6698 (360 hours)

On-site supervision
Telephone contacts
Research (assigned) for client care
Clinical rounds
Writing case notes
Treatment planning
Attending agency meetings
Attending counseling trainings/workshops
Staffing (case presentation)
Counseling-related workshops
Crisis calls
Documentable interactions
Site requirements not otherwise listed

Details of how to secure your internship site will be discussed at the Practicum/Internship orientation. All Mental Health Counseling interns are to be at a site where they can have long-term clients. The number and what constitutes long term will be determined by the CSU supervisor. You must be at a site that has an appropriate supervisor, that will allow you to tape and that is under contract with CSU.

- * Discretion of your CSU supervisor
- ** Only in COUN 6698
- *** COUN 6698 taken twice (Internship I and II)

PLAN OF STUDY

M.S. in *Clinical Mental Health Counseling*

Department of Counseling, Foundations, and Leadership
Columbus State University

Clinical Mental Health Counseling (Summer Start)					
CORE CURRICULUM	SEQ	HRS	SEMESTER REQUIRED	GR	SEM/YR COMPLETED
NOTE: COURSE SEQUENCE WILL BE STRICTLY ENFORCED. ANY DEVIATION FROM REQUIRED SEQUENCE MUST BE APPROVED BY THE ADVISOR					
COUN 6119 Human Growth and Development	1	3	1st SUMMER		
Elective (only 2 elective required) -(Family Psych, Sex Therapy, Adv. MFT,	2	3	1st SUMMER		
COUN 6110 Research Methods and Design in Counseling	3	3	1st FALL		
COUN 6115 Ethics and Professional Issues in Counseling	4	3	1st FALL		
COUN 6225 Counseling Skills	5	3	1st FALL		
COUN 6155 Counseling Theories	6	3	1st SPRING		
COUN 6265 Group Techniques and Procedures	7	3	1st SPRING		
COUN 6785 Seminar in CMHC Counseling	8	3	1st SPRING		
COUN 6245 Individual Analysis	9	3	2nd SUMMER		
COUN 6117 Diagnosis in Counseling	10	3	2nd SUMMER		
COUN 6405 Applied Practice in CMHC Counseling (Practicum)	11	3	2nd FALL		
COUN 7215 Family Therapy Process/Practice	12	3	2nd FALL		
COUN 7225 Crisis Intervention	13	3	2nd FALL		
COUN 6698 Internship-I in CMHC	14	3	2nd SPRING		
COUN 6118 Career Development	15	3	2nd SPRING		
COUN 6175 Cultural Perspectives in Counseling	16	3	2nd SPRING		
COUN 6698 Internship-II in CMHC	17	3	2nd SUMMER		
COUN 7165 Counseling Children	18	3	2nd SUMMER		
COUN 6105 Psyc Aspects of Substance Abuse	19	3	3rd FALL		
COUN Elective (only 2 elective required; Family Psych, MFT, Special Topics, and Independent Study)	20	3	3rd FALL		
COUN 6000 Portfolio/Exit Exam	21	0	3rd FALL		
Total Required Hours		60			
COMMENTS:					

PLAN OF STUDY

M.S. in *Clinical Mental Health Counseling*

Department of Counseling, Foundations, and Leadership
Columbus State University

Clinical Mental Health Counseling (Fall Start)					
CORE CURRICULUM	SEQ	HRS	SEMESTER REQUIRED	GR	SEM/YR COMPLETED
NOTE: COURSE SEQUENCE WILL BE STRICTLY ENFORCED. ANY DEVIATION FROM REQUIRED SEQUENCE MUST BE APPROVED BY THE ADVISOR					
COUN 6110 Research Methods and Design in Counseling	1	3	1 st FALL		
COUN 6115 Ethics and Professional Issues in Counseling	2	3	1 st FALL		
COUN 6225 Counseling Skills	3	3	1 st FALL		
COUN 6155 Counseling Theories					
COUN 6265 Group Techniques and Procedures	5	3	1 st SPRING		
COUN 6785 Seminar in CMHC Counseling	6	3	1 st SPRING		
COUN 6245 Individual Analysis					
COUN 6117 Diagnosis in Counseling	8	3	1 st SUMMER		
COUN 6119 Human Growth and Development	9	3	1 st SUMMER		
COUN 6405 Applied Practice in CMHC Counseling (Practicum)					
COUN 7215 Family Therapy Process/Practice	11	3	2 nd FALL		
COUN 7225 Crisis Intervention	12	3	2 nd FALL		
COUN 6698 Internship-I in CMHC					
COUN 6118 Career Development	14	3	2 nd SPRING		
COUN 6175 Cultural Perspectives in Counseling	15	3	2 nd SPRING		
COUN 6698 Internship-II in CMHC					
COUN 7165 Counseling Children	17	3	2 nd SUMMER		
Elective (only 2 elective required) -(Family Psych, Sex Therapy, Adv. MFT, Special Topics [Military Counseling], and Independent Study)	18	3	2 nd SUMMER		
COUN 6105 Psyc Aspects of Substance Abuse					
COUN Elective (only 2 elective required; Family Psych, MFT, Special Topics, and Independent Study)	20	3	3 rd FALL		
COUN 6000 Portfolio/Exit Exam	21	0	3 rd FALL		
Total Required Hours		60			
COMMENTS:					

****** CMHC Program Changes ******

- 1) Students will start taking the CPCE Exit Exam beginning January 2016
- 2) Practicum starts in Fall Only beginning in Fall 2016
- 3) Application for CMHC Practicum are due by June 1st
- 4) Practicum and Internship students are required to attend required CMHC Orientation meeting in July prior to fall start date